

Templates for Change

Harmonising with Nature - 10 minute Contemplations



Where do you call home ?

Home, Sweet Home



Where do you call home?
Your house, your garden, your family, your friends?



The district or town where you live ?





Your country, your
continent ?



Or perhaps you feel more a citizen of the planet, as so many people feel today ?

Yet let's take one step further ...



...and expand our mind out into the universe



Of which, the planet is a small part



And our country an even smaller part



And our district a tiny part....

A ponder

Our home is part of the district, which is a part of a country, which is a part of the planet, which is part of the universe.....

So, we all live within the universe, which is truly our greater homejust how far can our sense of belonging expand?

To be such a tiny part, but with consciousness that can encompass the whole.....



Do hope you enjoyed the contemplation !



To find out more about TFC, drop in to www.templatesforchange.org